

# Your Exclusive Member Services.

## Get answers. Save money. Live healthy.



### SILVERSNEAKERS® FITNESS PROGRAM

Live healthier with free access to fitness centers and classes.

**Use 13,000+ participating fitness locations**, with access to exercise equipment, group fitness classes, social activities and more.

**Take signature group exercise classes** designed just for you and led by certified instructors.

**SilverSneakers FLEX™ Community Classes** offer additional options such as Latin dance, tai chi and yoga. Self-directed physical activity programs are offered for members who want to work out at home or for those who can't get to a fitness location.

Visit **[silversneakers.com]** to find a fitness center location near you or to get more information.



### AARP® VISION DISCOUNTS provided by EyeMed Vision Care

Save on every eyewear purchase and on routine eye exams.

**Save 30% on eyewear**, including bifocals, lenses, and frames.\* Contact lens wearers save 10% on disposables and 20% on all other contact lenses. Plus, receive a 90-day guarantee on every eyewear purchase. Only at LensCrafters, take an additional \$50 off your AARP Vision Discount or best in-store offer on no-line multifocal lenses with frame purchase.

**Pay only \$50 for routine eye exams\*\*** including an Eye Health Exam Report that details your results, and receive \$10 off contact lens exams.

**Simply show your AARP® Medicare Supplement card** when you visit any participating LensCrafters®, Pearle Vision®, Sears Optical®, Target Optical®, and JCPenney Optical® location, or one of many private practice locations.\*\*



### NURSE HEALTHLINE

Get your health issues assessed, then get the help you need to make the right choices.

**Speak directly with registered nurses**, toll-free, 24 hours a day, 365 days a year.

**Make informed decisions** on how to get proper care. Nurses will review your symptoms, recommend

treatment options, and refer you to providers that meet high standards of quality and efficiency.

**Identify local resources** such as transportation services or community centers.

**Spanish is available**, as well as translation assistance in 140+ languages.

**Questions?** Speak to a licensed insurance agent. Call **[1-800-523-5800 (TTY 711)]**, Monday to Friday, 7 a.m. to 11 p.m. and Saturday, 9 a.m. to 5 p.m., ET, or visit **[www.aarphealthcare.com]**.

These are additional insured member services apart from the AARP Medicare Supplement Insurance Plan benefits, are not insurance programs, are subject to geographical availability, and may be discontinued at any time.

**AARP**® | Medicare Supplement Plans  
insured by **UnitedHealthcare Insurance Company**

\*30% discount only available when a complete pair of glasses (frames, lenses, and lens options) is purchased in the same transaction. Items purchased separately will be discounted at 15% off the retail price.

\*\*Eye exams available by Independent Doctors of Optometry at or next to LensCrafters, Pearle Vision, Sears Optical and Target Optical in most states. Doctors in some states are employed by the location. In California, optometrists are not employed by LensCrafters, Sears Optical and Target Optical, which do not provide eye exams. For LensCrafters, eye exams are available from optometrists employed by EYEXAM of California, a licensed vision health care service plan. For Sears Optical and Target Optical, eye exams are available from self-employed doctors who lease space inside the store. Eye exam discount applies only to comprehensive eye exams and does not include contact lens exams or fitting. Contact lens purchase requires valid contact lens prescription. At LensCrafters locations, contact lenses are available by participating Independent Doctors of Optometry or at LensCrafters locations.

**Tivity Health™ and SilverSneakers® are registered trademarks or trademarks of Tivity Health, Inc., and/or its subsidiaries and/or affiliates in the USA and/or other countries. ©[2017] Tivity Health, Inc. All rights reserved.**

The services provided by the SilverSneakers program are made available as a courtesy to AARP members insured by UnitedHealthcare Insurance Company (UnitedHealthcare) and **are not part of insurance coverage, are subject to geographic availability and may be discontinued at any time.** AARP and UnitedHealthcare do not endorse and are not responsible for the services or information provided by this program. Consult a health care professional with questions about your health care needs. **EyeMed Vision Care LLC (EyeMed) is the network administrator of AARP Vision Discounts. These are not insurance programs and may be discontinued at any time.** These discounts cannot be combined with any other discounts, promotions, coupons, or vision care plans. All decisions about medications and vision care are between you and your health care provider. Products or services that are reimbursable by federal programs including Medicare and Medicaid are not available on a discounted or complimentary basis. EyeMed pays a royalty fee to AARP for use of the AARP intellectual property. Amounts paid are used for the general purposes of AARP and its members. Cannot be combined with any other offer, previous purchases, or vision and insurance plans. Some restrictions apply. Some brands excluded. See store for details. Void where prohibited. Valid at participating locations. Not all providers honor all discounts – employed LensCrafters, Sears Optical, Pearle Vision and Target Optical locations honor the discount and some independent doctors may also honor the discount. Valid at participating Pearle Vision locations. The Sears trademark is registered and used under license from Sears Brands LLC. Target Optical® is a registered mark of Target Brands, Inc. used under license. The Nurse HealthLine services are administered by OptumHealth Care Solutions, Inc. **This service should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room.** The information provided through this service is for informational purposes only. The nurses cannot diagnose problems or recommend treatment and are not a substitute for your doctor's care. Your health information is kept confidential in accordance with the law. **The service is not an insurance program and may be discontinued at any time.**

AARP endorses the AARP Medicare Supplement Insurance Plans, insured by UnitedHealthcare Insurance Company. UnitedHealthcare Insurance Company pays royalty fees to AARP for the use of its intellectual property. These fees are used for the general purposes of AARP. AARP and its affiliates are not insurers. AARP does not employ or endorse agents, brokers or producers.

Insured by UnitedHealthcare Insurance Company, Horsham, PA, Policy Form No. GRP 79171 GPS-1 (G-36000-4).

**In some states, plans may be available to persons under age 65 who are eligible for Medicare by reason of disability or End-Stage Renal Disease.**

**Not connected with or endorsed by the U.S. Government or the federal Medicare program.**

**This is a solicitation of insurance. A licensed insurance agent/producer may contact you.**

See enclosed materials for complete information including benefits, costs, eligibility requirements, exclusions and limitations.